



**Garden City Premier
Business School**

... Creating global business leaders



JULY 2026 GCPBS EXECUTIVE MANAGEMENT PROGRAMMES





WEEK ONE

Programme: Occupational Health and Safety Awareness & Implementation

Duration: July 6 – July 10, 2026

Location: Ajuji Greenwich Hotel, Plot 1083, Joseph Gomwalk Street, off Abdulsalami Abubakar Road, Gudu District, Abuja

Learning Hours: 5 day (20 Hours)

Course Fees: ₦2, 000,000 per participant

DAY 1: OHS Foundations & Safety Culture

Introduction

This session introduces the fundamental principles of Occupational Health and Safety (OHS), emphasizing its importance in high-risk industries such as oil and gas. It also focuses on building a proactive safety culture driven by leadership, accountability, and continuous improvement.

Objectives

- Understand key concepts of Occupational Health & Safety
- Identify legal and regulatory frameworks in Nigeria
- Define roles and responsibilities in workplace safety
- Promote safety leadership and accountability
- Apply behavioral safety principles
- Improve safety communication and reporting systems

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Morning Session:

- OHS concepts
- Regulatory frameworks
- Roles and responsibilities

Afternoon Session:

- Safety culture development
- Behavioral safety
- Reporting unsafe conditions
- Safety communication

DAY 2: Hazard Identification & Risk Assessment

Introduction

This session focuses on identifying workplace hazards and applying structured risk assessment techniques to minimize exposure and ensure safe operations.

Objectives

- Identify different types of workplace hazards
- Apply Job Hazard Analysis (JHA)
- Conduct workplace inspections and audits
- Use risk assessment tools (HIRA, HAZOP basics)
- Apply risk prioritization techniques
- Implement control measures using hierarchy of controls



Morning Session:

- Hazard identification
- Workplace inspections
- Incident identification

Afternoon Session:

- Risk assessment methods
- Risk matrix
- Control measures

DAY 3: Safety Procedures & Workplace Controls

Introduction

This session emphasizes operational safety procedures and workplace control systems necessary to prevent accidents and ensure safe execution of tasks.

Objectives

- Understand permit-to-work systems
- Apply Lockout/Tagout (LOTO) procedures
- Control hazardous energy sources
- Implement safe systems of work
- Ensure proper equipment handling
- Maintain workplace safety standards



Morning Session:

- Permit-to-work systems
- LOTO procedures
- Energy isolation

Afternoon Session:

- Equipment handling
- PPE usage
- Safety inspections
- Signage and labeling

DAY 4: Occupational Health Management

Introduction

This session focuses on managing workplace health risks and promoting employee well-being through preventive and monitoring systems.

Objectives

- Identify workplace health hazards
- Apply industrial hygiene practices
- Implement health surveillance systems
- Improve ergonomic workplace design
- Promote employee wellness programs
- Manage stress and fatigue



Morning Session:

- Health hazards
- Ergonomics
- Industrial hygiene

Afternoon Session:

- Employee wellness
- Mental health
- Work-life balance

DAY 5: Incident Management & Emergency Response

Introduction

The final session focuses on incident management, investigation, and emergency preparedness to ensure rapid and effective response to workplace incidents.

Objectives

- Implement incident reporting procedures
- Conduct root cause analysis (RCA)
- Develop corrective and preventive actions
- Prepare emergency response plans
- Conduct fire safety and evacuation drills
- Apply first aid and rescue procedures

Course Outline

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Morning Session:

- Incident reporting
- Root cause analysis
- Corrective actions

Afternoon Session:

- Emergency response
- Fire safety
- First aid and rescue

WEEK ONE (PROGRAMME 2)

Programme: Certificate in Treasury Management

Duration: July 6 – July 10, 2026

Location: Ajuji Greenwich Hotel, Plot 1083, Joseph Gomwalk Street, off Abdulsalami Abubakar Road, Gudu District, Abuja

Learning Hours: 5 day (20 Hours)

Course Fees: ₦2, 000,000 per participant

DAY 1: Treasury Management Foundations

Introduction

This session introduces treasury functions and their strategic importance in managing financial resources, liquidity, and risk within energy organizations.



Objectives

- Understand treasury functions and structure
- Analyze treasury's role in the energy value chain
- Understand financial markets and instruments
- Interpret interest rates and yield curves
- Evaluate financial instruments

Course Outline

Morning Session:

- Treasury functions
- Governance and policies

Afternoon Session:

- Financial markets
- Instruments and dynamics

DAY 2: Cash & Liquidity Management

Introduction

This session focuses on managing cash flow and liquidity to ensure operational stability and financial efficiency.

Objectives

- Develop cash flow forecasting techniques
 - Manage working capital effectively
 - Optimize cash inflows and outflows
 - Apply liquidity management strategies
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- Manage banking relationships

Course Outline

Morning Session:

- Cash flow forecasting
- Working capital

Afternoon Session:

- Liquidity management
- Banking systems

DAY 3: Risk Management in Treasury

Introduction

This session explores financial risks and mitigation strategies in treasury operations, particularly in volatile markets.

Objectives

- Identify FX risks and exposures
- Apply hedging strategies
- Manage interest rate risks
- Analyze commodity price risks
- Use derivatives for risk management

Course Outline

Morning Session:

- FX risk management
- Hedging strategies

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Afternoon Session:

- Interest rate risk
- Commodity risk
- Derivatives

DAY 4: Funding & Capital Structure

Introduction

This session focuses on financing strategies and optimizing capital structure for sustainable business growth.

Objectives

- Understand financing options (debt vs equity)
- Analyze cost of capital
- Evaluate investment decisions (NPV, IRR)
- Develop optimal capital structure
- Understand financial leverage

Course Outline

Morning Session:

- Financing strategies
- Cost of capital

Afternoon Session:

- Investment appraisal
- Capital structure

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DAY 5: Treasury Operations & Controls

Introduction

This session emphasizes operational efficiency, governance, and fraud prevention in treasury management.

Objectives

- Understand treasury systems (TMS)
- Integrate treasury with ERP systems
- Automate treasury processes
- Implement internal controls
- Prevent fraud and ensure compliance

Course Outline

Morning Session:

- Treasury systems
- Automation

Afternoon Session:

- Internal controls
- Fraud prevention
- Compliance



WEEK ONE (PROGRAMME 3)

Programme: Electric Power Transmission & Distribution Engineering

Duration: July 6 – July 10, 2026

Course Venue: Garden City Premier Business School, No. 13 Herbert Macaulay Street, Old GRA, Port Harcourt

Learning Hours: 5 day (20 Hours)

Course Fees: ₦2, 000,000 per participant

DAY 1: Power System Fundamentals

Introduction

This session introduces the structure and operation of power systems, highlighting their role in industrial and energy applications.

Objectives

- Understand components of power systems
- Analyze electrical grid structures
- Apply electrical principles (AC/DC, power flow)
- Understand power factor and efficiency

Course Outline

Morning Session:

- Power system overview
- Grid structure

Afternoon Session:

- Electrical principles
- Power flow

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DAY 2: Transmission System Engineering

Introduction

This session focuses on transmission systems, their design, and operational efficiency.

Objectives

- Design transmission systems
- Understand line parameters
- Analyze HV systems
- Compare HVAC and HVDC

Course Outline

Morning Session:

- Transmission design
- Components

Afternoon Session:

- High voltage engineering
- Efficiency

DAY 3: Distribution System Engineering

Introduction

This session focuses on distribution systems and their operational reliability.

Objectives

- Design distribution networks
- Manage load distribution
- Apply fault detection techniques

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- Improve system reliability

Course Outline

Morning Session:

- Distribution design
- Load balancing

Afternoon Session:

- Fault detection
- Maintenance

DAY 4: Substations & Protection Systems

Introduction

This session covers substation design and protection systems essential for safe power operations.

Objectives

- Understand substation types and components
- Apply protection systems
- Use SCADA for monitoring
- Coordinate protective relays

Course Outline

Morning Session:

- Substation design
- Equipment

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Afternoon Session:





- Protection systems
- SCADA

DAY 5: Power Quality & System Reliability

Introduction

This session focuses on maintaining power quality and ensuring system reliability in energy operations.

Objectives

- Manage power quality issues
- Apply power factor correction
- Improve system reliability
- Conduct load forecasting
- Implement maintenance strategies

Course Outline

Morning Session:

- Power quality
- Harmonics

Afternoon Session:

- Reliability
- Maintenance



WEEK ONE (PROGRAMME FOUR)

Programme: Design & Verification of Electrical Installations

Duration: July 6 – July 10, 2026

Course Venue: Garden City Premier Business School, No. 13 Herbert Macaulay Street,
Old GRA, Port Harcourt

Learning Hours: 5 day (20 Hours)

Course Fees: ₦2, 000,000 per participant

DAY 1: Electrical Installation Fundamentals

Introduction

This session introduces electrical installation principles, focusing on system design, safety, and compliance.

Objectives

- Understand electrical installation types
- Conduct load assessment
- Apply design principles
- Understand regulatory standards

Course Outline

Morning Session:

- Installation overview
- Load assessment

Afternoon Session:

- Standards
- Compliance

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DAY 2: Load Calculation & System Design

Introduction

This session focuses on load analysis and designing efficient electrical systems.

Objectives

- Perform load calculations
- Size cables and conductors
- Design circuits
- Apply earthing principles

Course Outline

Morning Session:

- Load analysis
- Cable sizing

Afternoon Session:

- Circuit design
- Earthing systems

DAY 3: Installation Practices & Equipment

Introduction

This session covers practical installation methods and equipment selection.

Objectives

- Apply Installation techniques | Advisory | Strategy | Research & Development



- Compliance checks

Afternoon Session:

- Testing methods
- System verification

DAY 5: Fault Analysis & Troubleshooting

Introduction

The final session focuses on diagnosing faults and maintaining electrical systems for reliability and safety.

Objectives

- Identify electrical faults
- Apply diagnostic tools
- Perform maintenance
- Implement corrective actions
- Improve system performance

Course Outline

Morning Session:

- Fault detection
- Diagnostics

Afternoon Session:

- Repairs
- Maintenance
- Continuous improvement

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Yours truly,

For: Garden City Premier Business School

Prof. Silva Opuala-Charles

FNIM, FCE, FSM, FCILG, FCCdipl, FCIML

President

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